

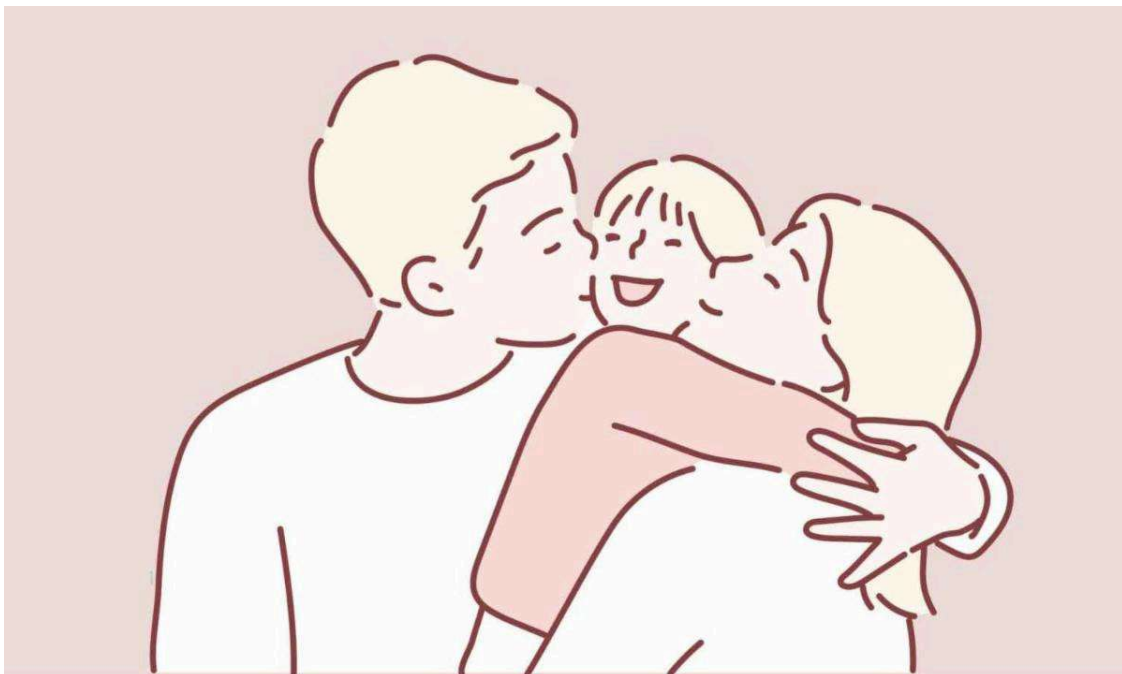
See what's new in prevention science from Penn State 💡

1 message

Prevention Research Center at Penn State <preventionresearch@pennstate.ccsend.com> Fri, Mar 27, 2026 at 12:21 PM

Reply-To: prevention@psu.edu

To: rfiene@rikinstitute.com

**Fathers' early interactions with babies may affect child health years later**

How a new father behaves toward his baby can change family dynamics in a way that affects the child's heart and metabolic health years later, according to

a new study by researchers in the Penn State College of Health and Human Development.

[Learn more >>>](#)



Back pain linked to worse sleep years later in men over 65, according to study

About half of older men suffer from sleep problems, back pain or both, according to **Soomi Lee**, associate professor of human development and family studies at Penn State. Lee recently led a study to investigate whether one precedes the other and found that back problems can predict sleep problems years later in men over 65 years old.

[Learn more >>>](#)



INFORMING POLICY AND THE PUBLIC



Fentanyl is changing how doctors treat opioid use disorder

For years, buprenorphine — one of the primary medications used to treat opioid use disorder — has been a critical bridge to recovery, helping to reduce illicit drug use and overdose deaths. But with the changing landscape of the illicit drug market, particularly the rise of the potent synthetic opioid fentanyl, health care providers have found that traditional treatment protocols aren't as effective as they used to be.

Learn more >>>



Podcast: Addressing Adolescent Substance Use Through School Outreach

In this episode, host **Michael Donovan**, Associate Director of the Evidence to Impact Collaborative at Penn State, speaks with **Dr. Stephen Sandelich**, Assistant Professor, Department of Emergency Medicine Penn State Health, Associate Director of Outreach PSACT and **Sarah Ballard**, Assistant Director of Outreach PSACT. The conversation explores the topic of substance use among adolescents, the role of stigma and privacy concerns, and how community and school-based outreach efforts are evolving to better support youth.

[Learn more >>>](#)

RECENT PUBLICATIONS

A latent class analysis of health characteristics among non-drinking middle-aged and older adults

Sara Miller, Jennifer Maggs, and Stephanie Lanza

Associations between inclusive community coalition leadership and use of evidence-based practices

Rebecca Wells, Nalini Ranjit, Louis D. Brown, Sarah M. Chilenski, and Yvonne Mary Gaddy

Dynamic physiology-behavior association patterns in child welfare parents predict response to parenting intervention

Xutong Zhang, Lisa M. Gatzke-Kopp, and Elizabeth A. Skowron

Fair pay practices in small ventures: The interplay of founder competency and racial identity

Hee Man Park, Dorothea Roumpi, Meg Small, and D. Max Crowley

Graduating with an alcohol problem? Associations between drinking, willingness to experience consequences, protective behavioral strategies, and repeated alcohol problems across the senior year of college.

Kimberly A. Mallett, Veronica L. Richards, Shannon D. Glenn, Michael A. Russell, Sarah Ackerman, Rob Turrisi

Heterogeneity of within-day simultaneous alcohol and cannabis use behaviors among young adults: A multilevel latent class analysis

Ashley N. Liden-Carmichael, Stephanie T. Lanza, Alexander W. Sokolovsky, Helene R. White, and Kristina M. Jackson

Key quality indicators: A white paper to introduce the concepts and application of key quality indicators in human care regulatory environments

Rick Fiene

Looking at the big picture: Demonstrating benefits of Bayesian latent cluster spatio-temporal analysis for understanding maternal prescription opioids misuse

Xueyi Xing, D. Max Crowley, and Christian M. Connell

Motivating empathy and moral pluralism in health policy

C. Daryl Cameron, Paige Amormino, and Joel E. Segel

Patterns of ENDS-related content exposure on social media among US adolescents and young adults

Jessica M. Mongilio, Luisa Kcomt, Stephanie T. Lanza, Emily Pasman, Jenny Clift, and Rebecca J. Evans-Polce

People choose to receive human empathy despite rating AI empathy higher

Joshua D. Wenger, C. Daryl Cameron, and Michael Inzlicht

Regulatory science and the human care oversight industry: Using scientific methods to inform practice and policy

Rick Fiene

The child care & early education heart monitor: An integrated system for monitoring the true quality of early childhood programs

Rick Fiene

The interplay between family routines and aggressive parenting in predicting externalizing problems during the transition to primary school

Zhaokang Li, Xutong Zhang, Kylee M. Witmer, Michael T. Willoughby, and Lisa M. Gatzke-Kopp

Use of research evidence in U.S. state child abuse and neglect policies: 2019-2024

Patrick O'Neill, Lauren Kerr, Jessica Pugel, Elizabeth C. Long, Christian M. Connell, Tenesha Littleton, Jennie G. Noll, D. Max Crowley, and J. Taylor Scott



PennState
College of Health and
Human Development

**EDNA BENNETT PIERCE
PREVENTION RESEARCH CENTER**

VISIT OUR WEBSITE



Prevention Research Center at Penn State | 314 Biobehavioral Health Building The Pennsylvania State
University | University Park, PA 16802 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!